

As we know, our member, Quincy Washington, is currently serving in Afghanistan. He has been there since the last part of October '09. The following is his address and a list of items that he and his soldiers need and would like. Please, please, take a little time to send him a letter, so that he knows that we, his TUCCG family, love him and are continuing to pray for and think about him while he's there. Let's also load him and his fellow soldiers down with care packages filled with the requested items.

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My address is: AMC LSE FWD  
ATTN: MAJ Quincy Washington  
APO AE 09355

Some of the things I (we/soldiers) would like

Individual Powder Mix - Add them to bottles of water/We have to drink  
lots of water  
Trail Mix  
Granola Bars  
Gum  
Snacks for on the go

Foot Power  
Unscented Lotion  
Laundry Detergent (Purex 3-1 Strips/Washer to Dryer added  
Fabric  
Softener)  
Hand Sanitizer  
Coffee  
Carmex Lip Balm  
Artificial Tears  
Baby Wipes

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